# RECOVERY SUPPORT & RESOURCE GUIDE

## **Resources at Rice**

Students with concerns about alcohol or other drug use are encouraged to contact the offices listed below for information and support

## **Rice Counseling Center**

713-348-3311 (24/7) Gibbs Wellness Center, adjacent to the Recreation Center <u>http://wellbeing.rice.edu/counselingcenter</u>

## Student Wellbeing Office 713-348-3311 Gibbs Wellness Center, adjacent to the Recreation Center <u>http://wellbeing.rice.edu/studentwell-</u>

## **Student Health Services**

being

713-348-4966 Morton L. Rich Student Health Center located next to the Brown Magister's House <u>http://health.rice.edu</u>

For emergency, please contact RUPD/Rice EMS - 713-348-6000 (24/7)



# **Resources in the Community**

The following resources are provided as a service to the community and have no affiliation with Rice University.

## The Right Step - Houston Central

902 W Alabama St., Houston, TX 77006 (2.2 miles from Rice) 844-768-1058 <u>http://www.rightstep.com/</u>

## The Montrose Center

401 Branard St, Houston, TX 77006 (2.5 miles from Rice) 713-529-0037 <u>http://montrosecenter.org/calen-</u> <u>dar-of-events/calendar-recovery/</u>

## The Lovett Center

900 Lovett Blvd, Houston, TX 77006 (2.6 miles from Rice) 713-470-9878 http://thelovettcenter.com/

# The Council on Recovery

303 Jackson Hill St #1, Houston, TX 77007 (4.1 miles from Rice) 713-942-4100 <u>http://www.councilonrecovery.org/</u>

#### Luna Recovery 5757 Woodway Dr #110, Houston, TX 77057 (8.6 miles from Rice) 888-448-LUNA http://www.lunarecovery.com

# Resources in the Community: Continued

#### Memorial Hermann Prevention and Recovery Center (PaRC)

3043 Gessner Rd, Houston, TX 77080 (19 miles from Rice) 713-939-7272 <u>http://parc.memorialhermann.org/</u>

#### Alcoholics Anonymous - Houston Chapter

Various locations 713-686-6300 (24/7) <u>http://aahouston.org/</u>

#### Narcotics Anonymous - Houston Area

Various locations 713-661-4200 <u>http://hascona.com/</u>

## Cocaine Anonymous - Houston, TX

Various locations 713-668-6822 <u>http://www.ca-texas.org/</u>

#### Houston Al-Anon

Various locations 713-683-7227 (24/7) http://www.houstonalanon.org

# **Other Resources**

#### **Parent Support Houston**

http://www.parentsupporthouston.com Grief Recovery from a Substance Abuse Passing (GRASP) - Houston Chapter <u>http://grasphelp.org/</u>

The Healthy Weigh for eating disorders in Houston http://www.thehealthyweighonline.com/

#### Alcoholism and Addictive Disorders -Baylor College of Medicine

http://www.bcm.edu/departments/psychiatry-and-behavioral-sciences/divisions/alcoholism-and-addictive-disorders

# How to help a friend you suspect has an addiction

http://www.campusdrugprevention.gov/ content/how-help-friend

#### The Truth on Opioids

http://opioids.thetruth.com/o/home

## University of Texas Health Science Center at Houston -Center for Substance Abuse Education, Prevention, and Research

http://nursing.uth.edu/centers-progs/csa/ default.htm

#### Drug Policy Program - Baker Institute http://www.bakerinstitute.org/drug-policy-program

#### **Owls After Dark events** <u>http://studentcenter.rice.edu/owls-after-</u> <u>dark</u>